



Ninety Nine

Great Meal. Great Deal.

Name	Serving Size	Calories										Total										Iron (mg)	Notes
		Calories (kcal)	from Fat (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)										
99 All Star Steakburger	One serving	1270	800	89	28	210	2260	57	2	9	58	50	20	50	soy, gluten, milk, eggs								
99 Angus Chopped Sirloin	One serving	1170	106	46	28	290	1110	33	3	6	50	20	50	40 soy, gluten, milk, eggs									
99 Apple Cinnamon Sensation	One serving	580	210	23	7	35	530	86	3	57	7	10	240	10	6 soy, gluten, milk, eggs								
99 Assorted Wrap Platter	One serving	5980	2470	275	81	565	13580	582	33	60	288	460	230	160	160 soy, gluten, milk, eggs, anchovies, msg								
99 Baby Back Ribs	One serving	2030	540	59	24	285	11320	239	11	182	133	160	20	25	70 soy, gluten, milk								
99 Bacon & Cheese Steakburger	One serving	980	540	60	24	190	1730	48	2	5	57	50	15	20	50 soy, gluten, milk								
99 Baked Potato w/o Toppings	One serving	400	40	4	0	0	750	0	6	6	8	4	90	4	15 soy, milk								
99 Baked Potato with Butter	One serving	340	140	15	6	0	840	50	6	6	8	15	90	4	15 soy, milk								
99 Baked Potato with Butter & Sour Cream	One serving	400	180	20	10	20	850	51	6	7	9	15	90	6	15 soy, milk								
99 Baked Potato with Sour Cream	One serving	290	80	9	6	20	770	51	6	7	9	8	90	6	15 soy, milk								
99 Baked Sourd	One serving	580	290	32	14	125	570	14	3	3	53	25	20	6	8 soy, gluten, milk, cod								
99 Balsamic Grilled Chicken	One serving	620	200	22	4	195	630	29	0	21	72	2	2	6	15 soy, milk								
99 Balsamic Grilled Chicken Crowd Pleaser	One serving	3740	1180	131	25	1180	3800	174	2	124	432	25	35	30	90 soy								
99 Bar Cheese, with Crackers	One serving	220	110	12	6	30	440	20	1	6	7	4	0	10	4 soy, gluten, milk, anchovies, msg								
99 Barbecue Texas Prime Rib Sub	One serving	1080	490	54	22	130	2340	98	5	31	46	100	20	35	30 soy, gluten, milk								
99 BBQ BLT Prime Rib Sandwich	One serving	1320	780	86	20	195	1930	74	4	17	59	45	20	25	30 soy, gluten, milk, eggs								
99 BBQ Turkey Tips Crowd Pleaser	One serving	2950	270	30	8	980	13070	263	4	204	362	25	80	0	130 soy, gluten								
99 Beef Vegetable Barley Soup, Crock	12 oz. crock	340	180	20	6	35	1550	26	2	3	15	45	10	0	2 soy, gluten								
99 Beef Vegetable Barley Soup, Cup	8 oz. cup	250	120	14	4	25	1050	21	1	2	10	30	8	0	0 soy, gluten								
99 Bistro Salad, Pick A Pair Lunch	One serving	160	110	12	2	5	390	11	2	8	3	180	45	6	6 soy, milk								
99 Bistro Side Salad without Dressing	One serving	40	10	1.5	0.5	5	60	6	2	3	3	180	40	6	6 milk								
99 Bleu Cheese Dressing, 2.25 oz. serving	One 2.25 oz. serving	300	290	32	4.5	20	620	2	0	2	2	0	0	0	0 soy, milk, eggs								
99 Boneless Buffalo Wings	One serving	1120	670	75	11	160	4050	45	2	5	62	45	6	4	10 soy, gluten, milk, eggs, msg								
99 Boneless Wings & Skins Sampler	One serving	1160	990	110	15	160	5090	71	5	9	87	80	21	50	15 soy, gluten, milk, eggs, msg								
99 Broccoli & Cheddar Soup, Crock	One 12 oz. crock	370	240	27	14	70	1330	17	3	0	14	35	70	35	0 soy, gluten, milk								
99 Broccoli & Cheddar Soup, Cup	One 8 oz. cup	250	160	18	9	45	880	11	2	0	9	25	45	25	0 soy, gluten, milk								
99 Broiled Sirloin Tips w/o Starch & Vegetable	One serving	1080	720	80	24	200	2010	8	4	0	76	0	0	15	40 no known allergens								
99 Buffalo Wing Bone-in Bar Promotion	One serving	130	100	11	2	20	780	1	0	0	6	15	0	0	2 soy, gluten, milk, eggs, msg								
99 Buffalo Wings Crowd Pleaser	One serving	4920	3070	343	51	600	18170	185	10	24	250	210	30	20	15 soy, gluten, milk, eggs, msg								
99 Butterflied Ranch Dressing, 2.25 oz. serving	One 2.25 oz. serving	440	310	34	5	10	700	4	0	2	0	0	0	0	0 soy, milk, eggs, msg								
99 Caesar Salad Crowd Pleaser	One serving	2270	1860	206	35	205	6080	91	21	36	53	1740	400	130	70 soy, gluten, milk, eggs, anchovies								
99 Caesar Salad, Pick A Pair	One serving	380	220	24	4.5	20	1000	37	3	4	10	200	45	20	15 soy, gluten, milk, eggs, anchovies								
99 Calypso Coconut Shrimp Appetizer	One serving	600	280	32	12	115	940	60	12	1	20	10	6	8	10 soy, gluten, eggs, shrimp								
99 Cape Cod Seafood Trio	One serving	650	360	40	18	160	980	20	0	4	51	30	20	15	8 soy, gluten, milk, cod, shrimp, clams, lobster, scallops								
99 Captain's Combo Platter w/ Seafood Chowder	One serving	2090	1290	144	31	270	4230	133	11	19	73	30	90	25	15 soy, gluten, milk, eggs, cod, pollock, shrimp, scallops, clams, lobster, msg								
99 Captain's Combo Platter w/o Seafood Chowder	One serving	1840	1120	126	21	180	3750	122	10	18	62	20	80	15	10 soy, gluten, milk, eggs, cod, shrimp, scallops, msg								
99 Cedar Plank Salmon	One serving	780	240	26	5	125	490	78	3	20	52	20	100	10	15 soy, milk, salmon								
99 Chicken & Corn Chowder, Crock	One 12 oz. crock	420	220	44	12	75	1240	45	3	9	13	15	45	10	6 soy, gluten, milk								
99 Chicken & Corn Chowder, Cup	One 8 oz. cup	280	140	16	8	50	830	30	2	6	9	10	30	6	4 soy, gluten, milk								
99 Chicken & Sausage Al Forno	One serving	1910	800	89	40	250	4260	179	14	29	94	90	40	90	170 soy, gluten, milk, msg								
99 Chicken Broccoli & Ziti Crowd Pleaser	One serving	4550	2470	274	140	615	7580	322	23	15	200	410	450	160	250 soy, gluten, milk, msg								
99 Chicken Broccoli & Ziti Dinner	One serving	2150	930	103	51	215	3140	169	11	7	78	160	80	60	170 soy, gluten, milk, msg								
99 Chicken Caesar Crowd Pleaser	One serving	2950	1990	221	40	605	7960	70	7	29	194	320	110	110	60 soy, gluten, milk, eggs, anchovies								
99 Chicken Caesar Salad	One serving	900	510	57	11	145	2320	51	7	10	55	500	120	40	35 soy, gluten, milk, eggs, anchovies								
99 Chicken Dijon	One serving	1040	480	54	17	185	2360	63	2	4	66	40	35	15	25 soy, gluten, milk, msg								
99 Chicken Fajita Crowd Pleaser	One serving	2190	1270	309	148	1335	17460	591	50	178	1060	2000	410	200	200 soy, gluten, milk, eggs, shrimp								
99 Chicken Fajitas	One serving	1460	770	85	29	255	1650	75	6	13	85	140	220	60	30 soy, gluten, milk								
99 Chicken Fingers & Fried Mozzarella	One serving	770	330	37	11	75	1870	73	3	25	35	15	10	35	10 soy, gluten, milk, eggs, msg								
99 Chicken Noodle Soup, Crock	One 12 oz. crock	270	90	10	3.5	35	1910	34	2	7	14	50	0	0	6 soy, gluten, milk, eggs								
99 Chicken Noodle Soup, Cup	One 8 oz. cup	180	60	7	2.5	25	1270	23	1	5	9	35	0	0	4 soy, gluten, milk, eggs								
99 Chicken Parmigiana	One serving	1800	620	69	15	125	4270	218	15	25	81	40	40	45	160 soy, gluten, milk, msg								
99 Child Applesauce, Indiv. 4 oz. cup	One 4 oz. cup	50	0	0	0	0	0	12	1	11	0	0	20	0	0 no known allergens								
99 Child Baked Potato w/o Toppings	One serving	230	40	4	2.5	0	750	50	6	6	8	4	90	4	15 soy, milk								
99 Child Broccoli Florets, 3 oz.	One 3 oz. serving	30	10	1	0	0	80	4	3	0	3	50	130	4	4 soy								
99 Child Caesar Salad w/o Dressing	One 12 oz. serving	110	90	10	2	0	310	5	8	3	10	5	8	4	2 soy, gluten, milk, eggs, anchovies								
99 Child Cheese Pizza & Caesar Salad	One serving	660	240	27	12	40	1500	76	4	9	28	110	25	45	30 soy, gluten, milk, eggs, anchovies								
99 Child Cheese Pizza, w/o Salad	One pizza	540	150	17	10	30	1190	71	3	7	25	10	40	40	30 soy, gluten, milk								
99 Child Chicken Tenders	One serving	490	200	23	3.5	70	1200	41	2	19	31	6	6	2	8 soy, gluten, milk, msg								
99 Child Cinnamon	One serving	160	45	5	4.5	0	130	28	1	1	2	0	0	4	4 soy, gluten, milk, eggs may contain almonds, cashews and macadamia nuts								
99 Child Cole Slaw, One Scoop	One scoop	170	120	14	2	15	250	10	2	8	1	15	45	4	2 soy, gluten, eggs								
99 Child Corn, One Scoop	One scoop	140	50	6	2	0	330	19	2	3	2	8	4	0	4 gluten								
99 Child French Fries, 5 oz raw wt., each	One serving	320	190	21	3.5	0	800	30	3	0	3	0	10	0	0 soy								
99 Child Grilled Chicken Hot Dog	One serving	610	390	43	20	45	1400	40	1	5	17	20	0	0	15 soy, gluten, milk								
99 Child Grilled Cheese	One serving	560	340	38	21	35	1140	40	2	2	15	35	30	0	10 soy, gluten, milk								
99 Child Loaded Baked Potato	One serving	400	150	17	9	45	1380	50	6	6	21	10	90	25	15 soy, milk								
99 Child Loaded Broccoli	One serving	200	120	13	7	45	650	5	3	0	15	60	130	25	4 milk								
99 Child Loaded Redskin Mashed Potatoes	One serving	310	170	19	9	50	960	17	2	2	14	8	10	25	4 soy, milk								
99 Child Mac & Cheese	One serving	310	120	14	4.5	25	1280	62	1	10	11	20	42	30	4 gluten, milk, eggs								
99 Child Make Your Own Chicken Tacos	One serving	630	260	29	12	85	1550	60	2	21	28	45	30	30	10 soy, gluten, milk, msg								
99 Child Mandarin Oranges	One serving	35	0	0	0	0	0	8	0	0	0	2	15	0	2 no known allergens								
99 Child Mini Ice Cream Sundae, Fudge	One serving	160	70	8	6	25	30	19	0	17	2	4	0	6	2 soy, milk, eggs								
99 Child Pasta Marinara	One serving	750	120	14	2	5	1510	135	10	16	23	25	20	15	140 soy, gluten, eggs								
99 Child Pasta with Butter	One serving	850	290	32	14	5	640	119	5	2	21	25	0	8	130 soy, gluten, milk								
99 Child Redskin Mashed Potatoes	One serving	130	60	6	2	5	330	17	2	2	2	10	4	0	4 soy, milk								
99 Child Rice Pilaf, One Scoop	One scoop	130	25	3	1.5	0	440	23	0	1	3	15	15	4	6 soy, gluten, milk								
99 Cocktail Sauce, 2.25 oz. serving	One 2.25 oz. serving	90	0	0	0	0	800	11	0	10	1	0	10	0	2 soy, anchovies								
99 Coconut Shrimp Crowd Pleaser	One serving	2520	1130	127	47	455	4060	269	18	107	79	60	40	30	45 soy, gluten, eggs, shrimp								
99 Colossal Lobster Roll	One serving	1430	870	97	23	205	2970	99	9	14	42	80	70	20	20 soy, gluten, milk, eggs, lobster								
99 Combo Fajitas	One serving	1210	580	64	29	215	1810	75	6	13	71	140	220	60	30 soy, gluten, milk								
99 Conference Room Combo Crowd Pleaser	One serving	12790	7170	797	191	1340	26990	1037	57														

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		Calories (kcal)	from Fat (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)		
99 Loaded Baked Potato	One serving	570	300	33	16	65	1480	51	6	7	22	25	90	25	15 soy, milk
99 Loaded Broccoli	One serving	200	120	13	7	45	650	5	3	0	15	60	130	25	4 milk
99 Loaded Mashed Potatoes, 2 Scoops	One serving	440	230	25	11	50	1290	34	3	3	16	10	25	25	6 soy, milk
99 Lobster Salad Plate w/o Dressing	One serving	520	250	27	3	180	1150	34	5	6	25	100	60	30	15 soy, gluten, eggs, lobster
99 Luncheon Baked Scrod	One serving	320	150	16	7	80	310	7	0	2	33	15	15	4	6 soy, gluten, milk, cod
99 Luncheon Broiled Sirloin Tips	One serving	540	360	40	12	100	1000	4	2	0	38	0	0	8	20 no known allergens
99 Luncheon Fish and Chips	One serving	1420	920	103	17	110	2760	92	9	16	36	20	80	8	8 soy, gluten, milk, eggs, cod, msg
99 Luncheon Smothered Tips	One serving	590	400	44	13	100	1000	7	3	1	39	0	20	8	25 soy, milk
99 Macaroni & Cheese, 10 oz.	One serving	340	110	12	4.5	25	1280	42	2	11	15	2	0	30	4 gluten, milk, eggs
99 Maine Lobster Bisque, Crock	One 12 oz. crock	610	410	45	27	155	1330	35	0	4	13	30	6	25	6 soy, gluten, milk, clams, lobster, cod
99 Maine Lobster Bisque, Cup	One 8 oz. cup	430	280	31	18	105	910	27	0	3	9	20	4	15	4 soy, gluten, milk, clams, lobster, cod
99 Mashef Crowd Pleazer	One serving	1380	580	65	20	40	3490	178	16	16	20	130	35	35	35 soy, milk
99 Mikulakake Cake Petite Treat	One serving	280	120	13	8	50	1550	34	1	24	3	8	0	4	6 soy, gluten, milk, eggs
99 Molten Chocolate Lava Cake	One serving	730	400	44	25	245	90	81	6	48	11	25	2	10	30 soy, milk, eggs
99 Mushroom & Cheese Steakburger	One serving	950	520	58	23	175	1530	50	3	6	54	50	20	20	50 soy, gluten, milk
99 New England Fried Shrimp	One serving	1320	700	79	13	200	4140	115	10	21	43	15	70	25	8 soy, gluten, milk, eggs, shrimp, anchovies, msg
99 Northern Italian Dressing, Lite, 2 oz. serving	One 2 oz. serving	90	90	9	0	0	620	2	0	2	0	4	8	4	0 soy, milk
99 NY Strip Sirloin	One serving	520	210	23	9	175	550	1	0	0	72	0	0	4	25 soy
99 Old Fashioned Ice Cream Sundae, Caramel	One serving	570	230	25	19	95	230	77	0	67	5	15	0	15	0 soy, milk, eggs
99 Old Fashioned Ice Cream Sundae, Hot Fudge	One serving	600	280	31	25	100	125	70	1	62	7	15	0	20	6 soy, milk
99 Oriental Honey Ginger Dressing, 2.25 oz.	One 2.25 oz. serving	320	250	28	4.5	20	430	17	0	15	0	4	0	4	4 soy, gluten, eggs
99 Original Crispy Chicken Tenders	One serving	1130	570	75	13	155	6160	55	2	10	60	0	4	4	15 soy, gluten, milk, eggs, msg
99 Outrageous Potato Skins, Appetizer	One serving	1130	750	84	34	180	2120	43	5	6	48	50	25	90	8 soy, gluten, milk
99 Panko Crusted Cod	One serving	1410	570	63	28	115	1890	143	8	13	64	60	40	10	150 soy, gluten, milk, eggs, cod
99 Peanut Butter Explosion	One serving	480	280	31	9	35	370	5	3	36	9	6	0	4	10 soy, gluten, milk, eggs, peanuts, may contain peanuts and other tree nuts
99 Portabella Sandwich	One serving	720	700	78	16	20	2970	120	11	13	25	20	40	15	20 soy, gluten, milk
99 Power Lunch Crowd Pleazer	One serving	11080	5570	621	139	895	23390	1034	55	243	369	690	410	250	300 soy, gluten, milk, eggs, msg
99 Prime Rib 12 oz.	One serving	920	640	72	29	210	980	2	0	1	62	0	0	4	8 soy, gluten, milk
99 Prime Rib 18 oz.	One serving	1370	960	107	44	315	1060	2	0	1	93	0	0	6	10 soy, gluten, milk
99 Rice Pilaf Crowd Pleazer	One serving	2620	540	60	30	5	8710	452	9	10	58	270	260	90	130 soy, gluten, milk
99 Roast Beef & Cheddar Dip	One serving	680	260	28	9	110	2950	59	2	8	48	6	2	25	35 soy, gluten, milk, eggs
99 Roast Beef & Cheddar Dip, Pick A Pair	One serving	400	180	20	6	65	1170	30	1	4	24	4	2	15	20 soy, gluten, milk, eggs
99 Sautéed Mushrooms, 2 oz. serving	One 2 oz. serving	60	40	4.5	0.5	0	0	3	1	1	1	0	4	0	6 soy
99 Sautéed Onions and Peppers, 2 oz. serving	One 2 oz. serving	60	40	4.5	0.5	0	0	4	1	2	1	2	40	0	2 soy
99 Seafood Chowder, Crock	One 12 oz. crock	440	270	30	15	130	780	38	1	1	15	15	8	15	8 soy, gluten, milk, shrimp, clams, lobster, pollock
99 Seafood Chowder, Cup	One 8 oz. cup	320	180	21	10	90	540	22	1	1	12	10	6	10	6 soy, gluten, milk, shrimp, clams, lobster, pollock
99 Seasonal Vegetable Crowd Pleazer	One serving	870	160	17	4.5	0	3140	175	26	70	9	700	60	20	35 no known allergens
99 Seasoned Salmon	One serving	630	440	49	18	125	400	0	0	0	45	25	25	4	4 soy, milk, salmon
99 Seasoned Salmon & Top Sirloin Steak	One serving	930	540	60	26	175	1250	27	1	5	67	15	25	8	20 soy, gluten, milk, salmon
99 Side of Broccoli Florets, 3 oz.	One serving	90	10	1	0	0	80	3	0	3	50	130	4	4	4 soy
99 Side of Baked Potato w/o Toppings	One serving	230	40	4	2.5	0	750	50	6	6	8	4	90	4	15 soy, milk
99 Side of Baked Potato with Butter	One serving	340	140	15	6	0	840	50	6	6	8	15	90	4	15 soy, milk
99 Side of Baked Potato with Butter & Sour Cream	One serving	400	180	20	10	20	850	51	6	7	9	15	90	6	15 soy, milk
99 Side of Baked Potato with Sour Cream	One serving	290	80	9	6	0	770	51	6	7	22	25	90	25	15 soy, milk
99 Side of Butternut Squash, Two Scoops	Two scoops	170	30	3.5	1	0	630	35	5	14	2	140	10	4	6 no known allergens
99 Side of Cole Slaw, One Scoop	One scoop	170	120	14	2	15	250	10	2	8	1	15	45	4	2 soy, gluten, eggs
99 Side of Corn, 2 Scoops	One serving	270	100	11	4	0	660	37	3	6	5	15	10	0	10 gluten
99 Side of French Fries, 1 lb. raw wt., each	One 8 oz. serving	1030	610	68	12	0	2960	86	11	0	10	0	0	0	0 soy
99 Side of Fresh Grilled Asparagus	One serving	30	5	0.5	0	0	230	3	2	2	2	8	15	2	2 gluten
99 Side of Garlic Redskin Mashed Potatoes, 2 Scoops	One serving	260	110	12	4	10	660	34	3	3	3	4	25	6	6 soy, milk
99 Side of Honey Butter Biscuits (with Honey Butter), 2 each	One serving	450	210	24	19	0	1130	54	1	9	8	6	0	4	15 soy, gluten, milk
99 Side of Jasmine Rice	One serving	240	0	0	0	0	0	54	0	0	0	0	0	0	0 no known allergens
99 Side of Loaded Baked Potato w/ Butter & Sour Cream	One serving	570	300	33	16	65	1480	51	6	7	22	25	90	25	15 soy, milk
99 Side of Loaded Baked Potato w/o Butter & Sour Cream	One serving	400	150	17	9	45	1380	50	6	6	21	10	90	25	15 soy, milk
99 Side of Loaded Broccoli	One serving	200	120	13	7	45	650	5	3	0	15	60	130	25	4 milk
99 Side of Loaded Mashed Potatoes, 2 Scoops	One serving	440	230	25	11	50	1290	34	3	3	16	10	25	25	6 soy, milk
99 Side of Pasta	One serving	590	80	8	0	0	1050	111	9	15	17	20	20	6	140 soy, gluten
99 Side of Rice Pilaf, Two Scoops	One serving	260	50	6	3	0	870	45	1	1	6	25	25	8	15 soy, gluten, milk
99 Side of Rosemary Parmesan Fries	One serving	520	310	35	6	0	1350	49	5	0	6	0	15	2	0 soy, milk
99 Side of Whipped Butter Blend, 0.5 oz.	One serving	110	100	11	4	0	85	0	0	0	0	10	0	0	0 soy, milk
99 Sirloin Tips & Chicken Tenders	One serving	1430	810	91	20	150	4910	88	9	18	65	6	20	10	30 soy, gluten, milk, msg
99 Sirloin Tips Crowd Pleazer	One serving	5420	3610	401	120	1005	10040	40	20	0	381	0	0	80	200 no known allergens
99 Small Plate Boneless Buffalo Wings	One serving	740	460	51	8	95	4630	24	1	3	35	70	4	2	6 soy, gluten, milk, eggs, msg
99 Small Plate Fried Mozzarella	One serving	470	250	28	11	40	1180	36	2	5	18	20	8	45	8 soy, gluten, milk, eggs
99 Small Plate Irish Nachos	One serving	1010	640	71	21	85	3040	67	7	6	22	25	45	25	10 soy, milk
99 Small Plate Outrageous Potato Skins	One serving	660	440	49	21	110	1110	26	3	4	26	35	20	50	6 soy, gluten, milk
99 Small Plate Red Pepper Hummus Platter	One serving	280	90	10	1.5	0	500	38	10	2	10	110	35	8	15 soy, gluten, milk
99 Small Plate Southwest Egg Rolls	One serving	800	520	58	12	30	1580	54	5	6	12	35	15	8	20 soy, gluten, milk, eggs, msg
99 Smothered Sirloin Tip Crowd Pleazers	One serving	5930	3980	442	126	1005	10050	73	30	15	390	10	210	90	230 soy
99 Smothered Sirloin Tips	One serving	1150	800	88	25	200	2010	15	6	3	78	2	45	15	45 soy
99 Southwest Chicken Soup, Crock	One 12 oz. crock	340	170	19	0	0	1150	31	3	0	11	20	35	0	15 soy, gluten, milk
99 Southwest Chicken Soup, Cup	One 8 oz. cup	250	120	13	0	0	790	25	2	0	8	15	25	0	10 soy, gluten, milk
99 Southwest Egg Rolls	One serving	1070	660	73	15	40	2110	80	7	8	18	60	25	15	30 soy, gluten, milk, eggs, msg
99 Steak & Cheese Spring Rolls Crowd Pleazer	One serving	3620	1980	222	58	360	9690	250	7	35	160	60	35	100	120 soy, gluten, milk
99 Steak & Cheese Spring Rolls with Spicy Ketchup	One serving	900	490	55	15	90	2420	62	2	9	40	15	10	25	30 soy, gluten, milk
99 Steak and BBQ Back Ribs Combo	One serving	1160	450	50	23	175	4610	98	4	64	77	60	8	15	40 soy, gluten, milk
99 Steak and Shrimp Combo	One serving	720	380	43	20	225	2040	30	1	5	51	6	20	10	20 soy, gluten, milk, shrimp
99 Steak Fajitas	One serving	1220	650	72	32	175	1970	75	6	13	57	140	220	60	30 soy, gluten, milk
99 Steakburger	One serving	820	420	47	18	160	1260	46	2	5	48	45	15	8	50 soy, gluten, milk, eggs
99 Steakburger Minis, Pick A Pair	One serving	720	430	48	15	120	1330	41	2	9	30	6	0	15	25 soy, gluten, milk, eggs
99 Steakburger w/ Cheese	One serving	900	480	53	22	175	1530	48	2	5	52	50	15	20	50 soy, gluten, milk
99 Sweet Potato Fries, 8 oz. raw wt., each	One serving	550	320												