



Great Meal. Great Deal.

Name	Serving Size	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Vitamin A - IU	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Notes
99 All Star Steakburger	One serving	1310	860	96	36	195	2360	57	2	9	57	50	25	15	25	soy, gluten, milk, eggs
99 Assorted Wrap Platter	One serving	6340	2600	290	63	510	13200	644	34	60	282	450	280	160	190	soy, gluten, milk, eggs, anchovies, msg
99 Backyard BBQ Combo	One serving	1370	510	57	20	255	5710	118	5	74	84	60	15	15	50	soy, gluten, milk
99 Bacon & Cheese Steakburger	One serving	1020	600	67	32	175	1830	48	2	5	57	50	20	15	25	soy, gluten, milk
99 Bacon Tomato Mac & Cheese	One serving	890	460	51	23	75	2770	81	4	6	28	40	15	45	25	soy, gluten, milk
99 Baileys Irish Cream Cheesecake	One serving	930	560	62	38	220	450	79	3	61	10	35	0	10	10	soy, gluten, milk, eggs, peanuts, other tree nuts
99 Baked Potato w/o Toppings	One serving	230	40	4	2.5	0	750	50	6	6	8	4	90	4	15	soy, milk
99 Baked Potato with Butter	One serving	340	140	15	6	0	840	50	6	6	8	15	90	4	15	soy, milk
99 Baked Potato with Butter & Sour Cream	One serving	400	180	20	10	20	850	51	6	7	9	15	90	6	15	soy, milk
99 Baked Potato with Sour Cream	One serving	290	80	9	6	20	770	51	6	7	9	8	90	6	15	soy, milk
99 Baked Scrod	One serving	560	290	32	15	125	520	10	0	1	53	25	20	4	10	soy, gluten, milk, cod
99 Balsamic Grilled Chicken	One serving	530	170	19	2.5	150	1550	30	0	20	60	0	10	2	15	no known allergens
99 Balsamic Grilled Chicken Crowd Pleazer	One serving	3200	1000	114	16	900	9300	179	0	123	360	15	90	8	80	no known allergens
99 Bar Cheese, with Crackers	One serving	220	110	13	6	25	400	20	1	6	7	6	0	15	6	soy, gluten, milk, anchovies
99 Barbecue Texan Prime Rib Sub	One serving	1080	490	54	22	130	2340	98	5	31	46	10	20	35	30	soy, gluten, milk
99 BBQ BLT Prime Rib Sandwich	One serving	1320	770	85	30	200	2020	74	4	17	59	45	20	25	30	soy, gluten, milk, eggs
99 BBQ Turkey Tips Crowd Pleazer	One serving	2950	270	30	8	980	13070	263	4	204	362	25	80	0	130	soy, gluten
99 Beef Vegetable Barley Soup, Crock	One serving	380	200	22	7	40	1770	28	3	3	17	50	15	0	2	soy, gluten
99 Beef Vegetable Barley Soup, Cup	One serving	280	140	16	4.5	30	1200	22	2	2	11	35	10	0	2	soy, gluten
99 Bistro Salad, Pick A Pair Lunch	One serving	160	110	12	2	5	390	11	2	8	3	180	45	6	6	soy, milk
99 Bistro Side Salad without Dressing	One serving	40	10	1.5	0	5	65	6	2	3	3	180	40	6	6	milk
99 Bleu Cheese Dressing, 2.25 oz. serving	One 2.25 oz. serving	300	290	32	4.5	20	620	2	0	2	2	0	0	0	0	soy, milk, eggs
99 Boneless Buffalo Wings	One serving	1120	670	75	11	160	4050	45	2	5	62	45	6	4	10	soy, gluten, milk, eggs, msg
99 Boneless Wings & Skins Sampler	One serving	1660	990	111	29	265	4890	72	6	9	87	80	25	50	15	soy, gluten, milk, eggs, msg
99 Brewhouse BBQ Steakburger	One serving	1160	620	69	31	180	2310	73	3	25	58	20	30	20	30	soy, gluten, milk
99 Broccoli & Cheddar Soup, Crock	One serving	450	290	32	16	80	1580	20	3	0	16	40	80	40	0	soy, gluten, milk

99 Broccoli & Cheddar Soup, Cup	One serving	300	190	22	11	55	1050	13	2	0	11	25	50	25	0	soy, gluten, milk
99 Broiled Sirloin Tips w/o Starch & Vegetable	One serving	910	430	48	13	240	2130	5	0	0	107	0	0	20	50	no known allergens
99 Buffalo Chicken Flatbread	One serving	1090	690	77	30	80	3660	58	2	8	41	80	15	60	20	soy, gluten, milk, eggs
99 Buffalo Chicken Sandwich	One serving	1150	530	59	12	110	8960	86	4	10	48	190	15	15	15	soy, gluten, milk, eggs, msg
99 Buffalo Wing Bone-In Bar Promotion	One serving	130	100	11	2	20	780	1	0	0	6	15	0	0	2	soy, gluten, milk, eggs, msg
99 Buffalo Wings Crowd Pleazer	One serving	4920	3070	343	51	670	18170	185	10	24	250	210	30	20	50	soy, gluten, milk, eggs, msg
99 Buttermilk Ranch Dressing, 2.25 oz. serving	One 2.25 oz. serving	340	310	34	5	10	700	4	0	2	0	0	0	0	0	soy, milk, eggs, msg
99 Caesar Salad Crowd Pleazer	One serving	2270	1860	207	33	205	6120	91	21	36	52	1740	400	130	70	soy, gluten, milk, eggs, anchovies
99 Caesar Salad, Pick A Pair	One serving	380	220	24	4	20	1000	37	3	4	10	200	45	15	15	soy, gluten, milk, eggs, anchovies
99 Cafe Combo Roast Beef Asiago	One serving	490	220	24	9	80	1330	42	2	3	27	30	10	15	25	soy, gluten, milk, eggs
99 Cafe Combo Turkey Havarti	One serving	600	300	36	10	100	1930	42	2	3	33	30	10	20	20	soy, gluten, milk, eggs
99 Calypso Coconut Shrimp Appetizer	One serving	600	280	32	12	115	940	60	4	21	20	10	6	8	10	soy, gluten, eggs, shrimp
99 Captain's Combo Platter w/ Seafood Chowder	One serving	2050	1260	141	30	255	4160	132	11	19	71	30	90	25	15	soy, gluten, milk, eggs, cod, pollock, shrimp, scallops, clams, lobster, msg
99 Captain's Combo Platter w/o Seafood Chowder	One serving	1840	1120	126	21	180	3750	122	10	18	62	20	80	15	10	soy, gluten, milk, eggs, cod, shrimp, scallops, msg
99 Caramel Apple Crunch Petite Treat	One serving	210	70	8	4	10	125	34	1	23	1	0	0	2	4	soy, gluten, milk, eggs
99 Chicken & Corn Chowder, Crock	One serving	480	250	28	14	85	1430	52	3	10	15	15	50	10	6	soy, gluten, milk
99 Chicken & Corn Chowder, Cup	One serving	320	160	18	9	55	950	34	2	7	10	10	35	6	4	soy, gluten, milk
99 Chicken & Sausage Al Forno	One serving	1900	800	89	37	250	4290	179	14	29	94	90	40	90	170	soy, gluten, milk, msg
99 Chicken Broccoli & Ziti Crowd Pleazer	One serving	4560	2470	274	138	620	7600	322	23	15	200	410	450	160	350	soy, gluten, milk, msg
99 Chicken Broccoli & Ziti Dinner	One serving	1920	930	103	50	220	3140	169	11	7	78	160	180	60	170	soy, gluten, milk, msg
99 Chicken Caesar Crowd Pleazer	One serving	2700	1890	210	34	505	7460	67	6	28	163	320	110	100	50	soy, gluten, milk, eggs, anchovies
99 Chicken Caesar Salad	One serving	830	490	54	9	125	2190	50	7	9	47	500	120	35	30	soy, gluten, milk, eggs, anchovies
99 Chicken Caprese Ciabatta Combo	One serving	730	360	41	10	120	1470	45	2	6	44	50	20	20	20	gluten, milk
99 Chicken Fajita Crowd Pleazer	One serving	7670	2690	298	146	1125	21780	717	55	109	453	1050	1940	410	220	soy, gluten, milk
99 Chicken Fingers & Fried Mozzarella	One serving	770	330	37	11	75	1870	73	3	25	35	15	10	35	10	soy, gluten, milk, eggs, msg
99 Chicken Noodle Soup, Crock	One serving	140	35	4	0	20	1740	16	0	2	12	60	0	0	0	soy, gluten, milk, eggs
99 Chicken Noodle Soup, Cup	One serving	90	25	2.5	0	15	1150	11	0	1	8	40	0	0	0	soy, gluten, milk, eggs
99 Chicken Parmigiana	One serving	1760	590	66	14	100	4270	220	14	25	73	45	60	45	160	soy, gluten, milk, msg
99 Chicken Rigate	One serving	1790	870	97	39	205	2900	154	7	8	71	50	10	50	140	soy, gluten, milk, msg

99 Child Applesauce, Indiv. 4 oz cup	One 4 oz. cup	50	0	0	0	0	0	12	1	11	0	0	20	0	0	no known allergens
99 Child Baked Potato w/o Toppings	One serving	230	40	4	2.5	0	750	50	6	6	8	4	90	4	15	soy, milk
99 Child Broccoli Florets, 3 oz.	One 3 oz. serving	30	10	1	0	0	80	4	3	0	3	50	130	4	4	soy
99 Child Brown Sugar Carrots	One serving	110	50	5	1	0	210	11	2	10	1	0	2	2	2	soy, milk
99 Child Butternut Squash, One Scoop	One serving	90	15	1.5	0	0	310	17	3	7	1	70	6	2	4	no known allergens
99 Child Caesar Salad w/o Pizza	One serving	120	90	10	1.5	10	310	5	1	2	3	100	25	8	4	soy, gluten, milk, eggs, anchovies
99 Child Cheese Pizza & Caesar Salad	One serving	660	240	27	12	40	1500	76	4	9	28	110	25	45	30	soy, gluten, milk, eggs, anchovies
99 Child Cheese Pizza, w/o Salad	One pizza	540	150	17	10	30	1190	71	3	7	25	10	--	40	30	soy, gluten, milk
99 Child Chicken Tenders	One serving	490	200	23	3.5	70	1200	41	2	19	31	6	6	2	8	soy, gluten, milk, msg
99 Child Cole Slaw, One Scoop	One scoop	170	120	14	2	15	250	10	2	8	1	15	45	4	2	soy, gluten, eggs
99 Child Corn, One Scoop	One scoop	190	110	12	2.5	0	300	16	4	7	3	15	6	0	2	soy, milk
99 Child French Fries, 5 oz raw wt, each	One serving	320	190	21	3.5	0	800	30	3	0	3	0	10	0	0	soy
99 Child Grilled Cheese	One serving	560	340	38	21	35	1140	40	2	2	15	35	0	30	10	soy, gluten, milk
99 Child Hot Dog	One serving	620	410	45	21	45	1260	40	1	6	16	20	2	2	25	soy, gluten, milk
99 Child Loaded Baked Potato	One serving	410	170	18	9	45	1180	51	6	6	20	10	90	25	15	soy, milk
99 Child Loaded Broccoli	One serving	210	130	14	7	45	450	5	3	0	15	60	130	25	4	milk
99 Child Loaded Redskin Mashed Potatoes	One serving	310	180	20	9	50	760	18	2	2	14	8	10	25	4	soy, milk
99 Child Mac & Cheese	One serving	340	110	12	4.5	25	1280	42	2	11	15	2	0	30	4	gluten, milk, eggs
99 Child Mandarin Oranges	One serving	35	0	0	0	0	0	8	0	6	0	2	15	0	2	no known allergens
99 Child Mini Ice Cream Sundae, Fudge	One serving	150	70	7	6	25	60	18	0	16	2	2	0	6	2	soy, milk, eggs
99 Child Pasta Marinara	One serving	750	120	14	1.5	5	1510	138	10	16	22	25	20	15	140	soy, gluten, milk
99 Child Pasta with Butter	One serving	850	290	32	14	5	640	119	6	5	21	25	0	8	130	soy, gluten, milk
99 Child Perfect Green Beans, One Scoop	One scoop	60	35	3.5	1	0	360	7	3	1	2	15	25	4	6	soy, gluten, milk
99 Child Redskin Mashed Potatoes	One serving	130	60	6	2	5	330	17	2	2	2	2	10	4	4	soy, milk
99 Child Rice Pilaf, One Scoop	One scoop	130	25	3	1.5	0	440	23	0	1	3	15	15	4	6	soy, gluten, milk
99 Chili Nachos	One serving	1800	1060	118	58	305	4170	109	14	13	78	90	35	210	25	soy, gluten, milk
99 Chili, Crock	One serving	910	510	57	22	120	2450	65	11	4	38	50	40	60	30	soy, gluten, milk
99 Cocktail Sauce, 2.25 oz. serving	One 2.25 oz. serving	50	0	0	0	0	800	11	0	10	1	0	10	0	2	soy, anchovies
99 Conference Room Combo Crowd Pleazer	One serving	12640	7230	803	177	1295	28580	994	62	206	389	750	910	290	320	soy, gluten, milk, eggs

99 Cookies & Brownies	One serving	1880	880	98	28	230	1320	244	6	134	30	40	0	20	70	soy, gluten, milk, eggs
99 Corner Office Crowd Pleazer	One serving	13300	7360	818	246	1625	26720	932	81	219	579	1310	1960	390	690	soy, gluten, milk, eggs
99 Country Fried Chicken	One serving	1240	480	54	16	105	2760	137	7	30	48	8	30	20	25	soy, gluten, milk, msg
99 Crispy Honey Mustard Chicken Salad	One serving	1150	670	75	18	145	1850	66	6	15	53	100	50	35	20	soy, gluten, milk, eggs, msg
99 Double Bleu Iceberg Wedge	One serving	460	380	42	9	55	1080	9	2	6	13	25	15	10	4	soy, gluten, milk, eggs
99 Entree Accom Brown Sugar Carrots	One serving	110	50	5	1	0	210	11	2	10	1	0	2	2	2	soy, milk
99 Entree Accom. Baked Potato w/o Toppings	One serving	230	40	4	2.5	0	750	50	6	6	8	4	90	4	15	soy, milk
99 Entree Accom. Baked Potato with Butter	One serving	340	140	15	6	0	840	50	6	6	8	15	90	4	15	soy, milk
99 Entree Accom. Baked Potato with Butter & Sour Cream	One serving	400	180	20	10	20	850	51	6	7	9	15	90	6	15	soy, milk
99 Entree Accom. Baked Potato with Sour Cream	One serving	290	80	9	6	20	770	51	6	7	9	8	90	6	15	soy, milk
99 Entree Accom. Garlic Redskin Mashed Potatoes, 2 Scoops	Two scoops	260	110	12	4	10	660	34	3	3	3	4	25	6	6	soy, milk
99 Entree Accom. Loaded Baked Potato w/ Butter & Sour Cream	One serving	580	310	34	16	65	1280	52	6	7	21	25	90	25	15	soy, milk
99 Entree Accom. Loaded Broccoli	One serving	210	130	14	7	45	450	5	3	0	15	60	130	25	4	milk
99 Entree Accom. Loaded Mashed Potatoes, 2 Scoops	One serving	450	240	26	10	55	1090	35	3	3	16	10	25	25	6	soy, milk
99 Entree Accom. Perfect Broccoli Florets, 3 oz.	One 3 oz. serving	30	10	1	0	0	80	4	3	0	3	50	130	4	4	soy
99 Entree Accom. Perfect Butternut Squash, One Scoop	One scoop	90	15	1.5	0	0	310	17	3	7	1	70	6	2	4	no known allergens
99 Entree Accom. Perfect Cole Slaw, One Scoop	One scoop	170	120	14	2	15	250	10	2	8	1	15	45	4	2	soy, gluten, eggs
99 Entree Accom. Perfect Corn, One Scoop	One scoop	190	110	12	2.5	0	300	16	4	7	3	15	6	0	2	soy, milk
99 Entree Accom. Perfect French Fries, 8 oz raw wt, each	One 8 oz. serving	510	300	34	6	0	1280	48	5	0	5	0	15	0	0	soy
99 Entree Accom. Perfect Green Beans, One Scoop	One scoop	60	35	3.5	1	0	360	7	3	1	2	15	25	4	6	soy, gluten, milk
99 Entree Accom. Perfect Rice Pilaf, 2 Scoops	Two scoops	260	50	6	3	0	870	45	1	1	6	25	25	8	15	soy, gluten, milk
99 Entree Accom. Sea Salt Kettle Chips	One serving	220	120	13	1	0	170	23	2	0	3	0	15	0	4	no known allergens
99 Fire Grilled SW Cobb Salad	One serving	890	530	58	16	355	1680	30	6	15	59	270	80	25	20	soy, gluten, milk, eggs
99 Fish and Chips	One serving	1830	1110	124	21	170	3550	120	10	18	66	20	80	10	15	soy, gluten, milk, eggs, cod, msg
99 Fit For You Grilled Balsamic Chicken & Iceberg Wedge	One serving	490	200	22	6	110	1510	30	4	18	43	70	150	15	15	soy, gluten, milk
99 Fit For You Herb Salmon & Vegetables	One serving	380	200	22	7	95	270	10	4	3	37	70	170	8	15	soy, milk, salmon

99 Fit For You Mushroom Bleu Top Sirloin	One serving	400	170	19	6	105	720	10	5	3	47	60	150	15	25	soy, gluten, milk
99 French Onion Prime Rib Sandwich	One serving	1050	570	63	26	165	1190	58	3	5	59	6	6	40	20	soy, gluten, milk
99 French Onion Soup, Crock	One serving	300	90	11	5	25	2000	39	1	9	14	6	15	30	8	soy, gluten, milk, eggs, anchovies
99 French Onion Soup, Cup	One serving	270	90	10	5	25	1440	33	1	6	13	6	10	30	8	soy, gluten, milk, eggs, anchovies
99 Fried Mozzarella	One serving	780	430	48	19	70	1780	57	3	6	32	25	10	70	10	soy, gluten, milk, eggs
99 Garden Salad Crowd Pleazer	One serving	2530	1890	210	20	115	6810	129	15	46	42	390	230	60	60	soy, gluten, milk, eggs
99 Garden Salad w/o Dressing	One serving	120	40	4.5	0	5	210	16	2	4	5	60	35	8	8	soy, gluten, milk
99 Gold Fever Wings	One serving	1270	690	77	12	160	2850	81	4	36	64	15	8	8	15	soy, gluten, milk, eggs, msg
99 Gold Fever Wings - XL	One serving	1720	860	97	15	230	3940	119	6	52	95	15	10	10	25	soy, gluten, milk, eggs, msg
99 Grilled Angus BBQ Meatloaf	One serving	1130	600	67	26	200	2630	83	3	29	42	10	20	20	35	soy, gluten, milk, eggs, msg
99 Grilled Cheese Combo	One serving	820	520	58	32	100	1540	42	2	2	35	50	0	80	4	soy, gluten, milk
99 Grilled Chicken Panini	One serving	970	540	60	23	110	1870	53	4	2	54	40	10	45	30	soy, gluten, milk, eggs
99 Grilled Double BBQ Turkey Tips	One serving	800	130	15	6	195	3220	81	2	44	76	6	15	2	35	soy, gluten, milk
99 Grilled Teriyaki Prime Rib Sandwich	One serving	980	460	51	21	140	1280	79	2	28	50	0	0	10	25	soy, gluten, milk
99 Grilled Top Sirloin Steak	One serving	280	80	9	3.5	105	510	0	0	0	47	0	0	4	20	no known allergens
99 Half & Half Trimline Creamer, 1 oz. serving	One 1 oz. serving	40	25	3	2	15	25	1	0	1	1	2	0	4	0	milk
99 Honey BBQ Chicken Wrap	One serving	930	360	40	11	95	1840	94	4	18	47	50	25	35	25	soy, gluten, milk, msg
99 Honey Butter Biscuit (with Honey Butter)	One serving	220	80	9	5	0	610	29	1	4	4	2	0	2	8	soy, gluten, milk
99 Honey Mustard Dressing, 2.25 oz.	2.25 oz.	370	330	36	6	20	280	13	0	9	1	0	0	0	0	soy, eggs
99 Ice Cream Sandwich	One sandwich	180	25	3	1.5	10	150	36	1	19	3	4	0	8	0	soy, gluten, milk
99 Italian Dressing, Creamy, Savory, 1 oz. serving	One 1 oz. serving	100	90	10	2	5	460	2	0	2	1	0	0	2	0	milk, eggs
99 Italian Dressing, Creamy, Savory, 2.25 oz. serving	One 2.25 oz. serving	230	210	23	4.5	10	1040	4	0	4	2	0	0	4	0	milk, eggs
99 Jammin' Crab Soup, Crock	One serving	530	310	34	20	120	2220	46	2	10	7	30	15	10	10	soy, gluten, milk, shrimp, clams, crab, lobster, bonito, anchovies
99 Jammin' Crab Soup, Cup	One serving	380	210	23	13	80	1490	35	1	6	5	20	10	6	6	soy, gluten, milk, shrimp, clams, crab, lobster, bonito, anchovies
99 Junior Bacon American Steakburger	One serving	780	450	50	24	125	1180	44	1	6	40	6	2	15	6	soy, gluten, milk, eggs
99 Junior Bacon Cheddar Steakburger	One serving	780	450	50	23	125	1040	43	1	6	41	4	2	15	6	soy, gluten, milk, eggs
99 Junior Bacon Swiss Steakburger	One serving	760	430	48	22	120	940	43	1	6	40	2	2	20	6	soy, gluten, milk, eggs
99 Junior Steakburger with American Cheese	One serving	740	430	47	23	115	1030	44	1	6	38	6	2	15	4	soy, gluten, milk, eggs
99 Junior Steakburger with Cheddar Cheese	One serving	740	420	47	22	115	890	43	1	6	38	4	2	15	4	soy, gluten, milk, eggs

99 Junior Steakburger with Swiss Cheese	One serving	720	400	45	20	110	790	43	1	6	38	2	2	20	4	soy, gluten, milk, eggs
99 Junior Top Sirloin Steak	One serving	240	70	8	3	90	440	0	0	0	40	0	0	4	15	no known allergens
99 King Tips 24 oz.	One serving	1360	650	72	20	360	3200	8	0	0	160	0	0	30	80	no known allergens
99 King Tips, Smothered, 24 oz.	One serving	1460	720	80	21	360	3200	14	2	3	162	2	45	35	90	soy
99 Little Midnight Fudge Hero	One serving	420	200	22	10	65	310	52	2	39	6	4	0	10	6	soy, gluten, milk, eggs
99 Lo-Fat Burgundy Vinaigrette, 1 oz. serving	One 1 oz. serving	45	15	1.5	0	0	200	7	0	5	0	0	0	0	0	no known allergens
99 Loaded Baked Potato	One serving	580	310	34	16	65	1280	52	6	7	21	25	90	25	15	soy, milk
99 Loaded Broccoli	One serving	210	130	14	7	45	450	5	3	0	15	60	130	25	4	milk
99 Loaded Mashed Potatoes, 2 Scoops	One serving	450	240	26	10	55	1090	35	3	3	16	10	25	25	6	soy, milk
99 Lobster Salad Plate w/o Dressing	One serving	520	250	27	3	190	1150	34	5	6	35	100	60	30	15	soy, gluten, eggs, lobster
99 Louisiana Sirloin	One serving	650	300	34	12	195	1750	3	1	0	81	20	2	10	35	soy, milk
99 Luncheon Baked Scrod	One serving	310	150	16	7	80	280	5	0	1	33	15	20	2	6	soy, gluten, milk, cod
99 Luncheon Broiled Sirloin Tips	One serving	450	220	24	7	120	1070	3	0	0	53	0	0	10	25	no known allergens
99 Luncheon Fish and Chips	One serving	1420	920	103	17	110	2760	92	9	16	36	20	80	8	8	soy, gluten, milk, eggs, cod, msg
99 Luncheon Smothered Tips	One serving	510	250	28	7	120	1070	6	1	1	54	0	20	10	30	soy
99 Macadamia Crusted Chicken	One serving	1130	620	69	26	95	2020	80	5	16	41	70	60	15	25	soy, gluten, milk, macadamia nuts, peanuts, other tree nuts
99 Macaroni & Cheese, 10 oz.	One 10 oz. serving	340	110	12	4.5	25	1280	42	2	11	15	2	0	30	4	gluten, milk, eggs
99 Maine Lobster Bisque, Crock	One serving	700	470	53	32	185	1550	39	0	5	15	35	8	25	8	soy, gluten, milk, clams, lobster, cod
99 Maine Lobster Bisque, Cup	One serving	480	320	36	21	120	1050	30	0	3	10	25	4	15	4	soy, gluten, milk, clams, lobster, cod
99 Mashed Crowd Pleazer	One serving	1380	580	65	20	40	3490	178	16	16	16	20	130	35	35	soy, milk
99 Milkshake Cake Petite Treat	One serving	280	120	13	8	50	150	34	1	24	3	8	0	4	6	soy, gluten, milk, eggs
99 Nacho Burger	One serving	1020	590	66	29	160	1710	59	3	9	51	25	10	20	6	soy, gluten, milk, eggs
99 Nachos - NEW	One serving	1600	930	103	52	270	3690	100	12	14	69	80	25	210	20	soy, milk
99 New England Fried Shrimp	One serving	1320	700	79	13	200	4140	115	10	21	43	15	70	25	8	soy, gluten, milk, eggs, shrimp, anchovies, msg
99 Northern Italian Dressing, Lite, 2 oz. serving	One 2 oz. serving	90	90	9	0	0	620	2	0	2	0	4	8	4	0	soy, milk
99 NY Strip Sirloin	One serving	680	250	28	10	260	610	1	0	0	100	0	0	8	40	soy
99 Old Fashioned Ice Cream Sundae, Caramel	One serving	530	210	24	18	95	340	73	0	66	5	8	0	20	0	soy, milk, eggs
99 Old Fashioned Ice Cream Sundae, Hot Fudge	One serving	570	270	30	23	100	240	67	1	60	7	8	0	25	6	soy, milk
99 Old Fashioned Ice Cream Sundae, Strawberry	One serving	480	210	23	17	95	180	60	2	58	4	8	50	15	2	milk

99 Onion Petals, 2 oz. each	One serving	120	60	7	1.5	0	210	13	1	3	2	0	6	2	2	soy, gluten, milk, msg
99 Oriental Honey Ginger Dressing, 2.25 oz.	One 2.25 oz. serving	320	250	28	4.5	20	430	17	0	15	0	4	0	0	4	soy, gluten, eggs
99 Original Crispy Chicken Tenders	One serving	1130	670	75	13	155	6160	55	2	10	60	0	4	4	15	soy, gluten, milk, eggs, msg
99 Outrageous Potato Skins, Appetizer	One serving	1130	760	84	33	175	1710	45	6	6	47	50	25	90	8	soy, gluten, milk
99 Panko Crusted Cod	One serving	1410	570	63	28	115	1890	143	8	13	64	60	40	10	150	soy, gluten, milk, eggs, cod
99 Peanut Butter Explosion	One serving	480	280	31	9	35	370	51	3	36	9	6	0	4	10	soy, gluten, milk, eggs, peanuts, other tree nuts
99 Philly Prime Rib Melt	One serving	1040	580	64	24	155	1150	59	4	6	56	6	40	25	30	soy, gluten, milk
99 Power Lunch Crowd Pleazer	One serving	11440	5710	636	119	840	23040	1096	58	242	363	690	460	240	320	soy, gluten, milk, eggs, msg
99 Prime Rib 12 oz.	One serving	920	640	72	29	210	980	2	0	1	62	0	0	4	8	soy, gluten, milk
99 Prime Rib 18 oz.	One serving	1370	960	107	44	315	1060	2	0	1	93	0	0	6	10	soy, gluten, milk
99 Rice Pilaf Crowd Pleazer	One serving	2620	540	60	30	5	8710	452	9	10	58	270	260	90	130	soy, gluten, milk
99 Roast Beef & Cheddar Dip	One serving	770	340	37	14	125	2670	59	2	5	47	6	2	25	35	soy, gluten, milk, eggs
99 Seafood Chowder, Crock	One serving	490	300	34	18	150	880	30	2	2	20	15	10	15	10	soy, gluten, milk, shrimp, clams, lobster, pollock
99 Seafood Chowder, Cup	One serving	350	210	23	12	100	610	24	1	1	14	10	6	10	6	soy, gluten, milk, shrimp, clams, lobster, pollock
99 Seasonal Vegetable Crowd Pleazer	One serving	870	160	17	4.5	0	3140	175	26	70	9	700	60	20	35	no known allergens
99 Seasoned Salmon	One serving	550	370	41	17	125	340	0	0	0	44	30	15	4	10	soy, milk, salmon
99 Shrimp Scampi Mac 'N Cheese	One serving	1610	880	97	48	235	5350	129	6	10	57	80	20	100	35	soy, gluten, milk, shrimp
99 Shrimp Toscana	One serving	1350	570	64	26	150	2260	151	9	14	46	50	35	30	140	soy, gluten, milk, shrimp
99 Side of Broccoli Florets, 3 oz.	One serving	30	10	1	0	0	80	4	3	0	3	50	130	4	4	soy
99 Side of Baked Potato w/o Toppings	One serving	230	40	4	2.5	0	750	50	6	6	8	4	90	4	15	soy, milk
99 Side of Baked Potato with Butter	One serving	340	140	15	6	0	840	50	6	6	8	15	90	4	15	soy, milk
99 Side of Baked Potato with Butter & Sour Cream	One serving	400	180	20	10	20	850	51	6	7	9	15	90	6	15	soy, milk
99 Side of Baked Potato with Sour Cream	One serving	290	80	9	6	20	770	51	6	7	9	8	90	6	15	soy, milk
99 Side of Butternut Squash, Two Scoops	Two scoops	170	30	3.5	1	0	630	35	5	14	2	140	10	4	6	no known allergens
99 Side of Carrots, 2 Scoops	Two scoops	280	200	22	12	0	760	19	7	11	1	650	10	8	10	soy, milk
99 Side of Cole Slaw, One Scoop	One scoop	170	120	14	2	15	250	10	2	8	1	15	45	4	2	soy, gluten, eggs
99 Side of Corn, 2 Scoops	One serving	370	220	24	4.5	0	600	32	7	15	6	30	10	0	4	soy, milk
99 Side of French Fries, 1 lb. raw wt, each	One 8 oz. serving	1030	610	68	12	0	2560	96	11	0	11	0	30	0	0	soy
99 Side of Fresh Grilled Asparagus	One serving	30	5	0.5	0	0	230	3	2	2	2	8	15	2	2	soy

99 Side of Garlic Redskin Mashed Potatoes, 2 Scoops	One serving	260	110	12	4	10	660	34	3	3	3	4	25	6	6	soy, milk
99 Side of Guacamole	One serving	90	50	6	0	0	210	11	2	2	0	8	20	0	0	no known allergens
99 Side of Honey Butter Biscuits (with Honey Butter), 2 each	One serving	430	160	18	10	0	1230	58	2	7	8	6	0	4	15	soy, gluten, milk
99 Side of Loaded Baked Potato w/ Butter & Sour Cream	One serving	580	310	34	16	65	1280	52	6	7	21	25	90	25	15	soy, milk
99 Side of Loaded Baked Potato w/o Butter & Sour Cream	One serving	410	170	18	9	45	1180	51	6	6	20	10	90	25	15	soy, milk
99 Side of Loaded Broccoli	One serving	210	130	14	7	45	450	5	3	0	15	60	130	25	4	milk
99 Side of Loaded Mashed Potatoes, 2 Scoops	One serving	450	240	26	10	55	1090	35	3	3	16	10	25	25	6	soy, milk
99 Side of Pasta	One serving	590	80	8	0	0	1050	111	9	15	17	20	20	6	140	soy, gluten
99 Side of Perfect Green Beans, One Scoop	One scoop	60	35	3.5	1	0	360	7	3	1	2	15	25	4	6	soy, gluten, milk
99 Side of Rice Pilaf, Two Scoops	One serving	260	50	6	3	0	870	45	1	1	6	25	25	8	15	soy, gluten, milk
99 Side of Whipped Butter Blend, 0.5 oz.	One serving	110	100	11	4	0	85	0	0	0	0	10	0	0	0	soy, milk
99 Sirloin Tips & Chicken Tenders	One serving	1340	670	75	15	170	4980	86	7	18	80	6	20	15	35	soy, gluten, milk, msg
99 Sirloin Tips Crowd Pleazer	One serving	4540	2160	240	67	1200	10670	27	0	0	534	0	0	110	270	no known allergens
99 Slow Roasted Ribs	One serving	2410	1030	114	41	360	11850	251	12	187	75	160	25	30	80	soy, gluten, milk
99 Small Plate Boneless Buffalo Wings	One serving	740	460	51	8	95	4630	24	1	3	35	70	4	2	6	soy, gluten, milk, eggs, msg
99 Small Plate Buffalo Chicken Flatbread	One serving	680	470	53	17	50	2460	30	1	5	21	50	8	30	10	soy, gluten, milk, eggs
99 Small Plate Fried Mozzarella	One serving	470	250	28	11	40	1180	36	2	5	18	20	8	45	8	soy, gluten, milk, eggs
99 Small Plate Outrageous Potato Skins	One serving	660	440	49	20	105	910	27	4	4	25	35	20	50	6	soy, gluten, milk
99 Smothered Sirloin Tip Crowd Pleazers	One serving	5050	2530	281	73	1200	10690	59	10	15	542	10	210	110	300	soy
99 Smothered Sirloin Tips	One serving	1010	510	56	15	240	2140	12	2	3	108	2	45	25	60	soy
99 Steak & Shrimp Scampi Mac	One serving	1180	560	63	28	210	3400	83	4	6	72	45	10	60	35	soy, gluten, milk, shrimp
99 Steak and Shrimp Combo	One serving	610	230	25	9	235	2050	31	2	4	61	6	20	10	25	soy, gluten, milk, shrimp
99 Steakburger	One serving	860	490	54	25	140	1270	46	2	5	47	45	20	4	25	soy, gluten, milk
99 Steakburger w/ Cheese	One serving	940	550	61	29	155	1540	48	2	5	52	50	20	15	25	soy, gluten, milk
99 Tarter Sauce, 2 oz. portion	One 2 oz. serving	280	270	30	4.5	30	400	6	0	6	0	4	0	0	0	soy, eggs
99 The Classic	One serving	820	490	54	23	120	1310	49	2	8	38	35	15	15	6	soy, gluten, milk, eggs
99 Thousand Island Dressing, 2.25 oz.	One serving	300	250	28	4.5	10	510	11	0	6	0	0	0	0	0	eggs
99 Tomato Basil Bisque, Crock	One serving	410	290	32	18	90	1910	32	3	14	5	25	45	0	0	soy, gluten, milk

99 Tomato Basil Bisque, Cup	One serving	270	190	21	12	60	1270	21	2	9	3	20	30	0	0	soy, gluten, milk
99 Top a Burger, Sauteed Mushrooms, 2 oz.	One serving	50	35	4	0.5	0	0	3	1	2	3	0	4	0	2	soy
99 Top a Burger, Sauteed Onions, 2 oz. serving	One serving	50	20	2.5	0	0	0	6	1	3	1	0	10	2	2	soy
99 Top a Burger, Sauteed Onions, Peppers & Mushrooms, 2 oz.	One serving	50	35	3.5	0.5	0	0	4	1	2	2	2	25	0	2	soy
99 Top a Burger, Sauteed Peppers, 2 oz.	One serving	35	20	2.5	0	0	0	3	1	1	1	4	80	0	2	soy
99 Towering Midnight Oreo Fudge Cake	One serving	850	400	44	19	130	620	105	3	79	11	8	0	25	10	soy, gluten, milk, eggs
99 Triple Decker Turkey Club	One serving	970	330	37	7	100	2630	106	7	20	50	90	25	30	45	soy, gluten, milk, eggs
99 Tropical Chicken Salad	One serving	760	350	39	5	95	1590	60	5	30	39	150	60	10	60	soy, gluten, milk, eggs, pecans, peanuts, other tree nuts
99 Vegetarian Caprese Ciabatta Combo	One serving	620	330	38	13	45	1190	49	3	6	26	60	15	50	15	gluten, milk
99 XL Boneless Buffalo Wings	One serving	1520	850	95	15	230	5760	66	3	7	91	70	8	6	20	soy, gluten, milk, eggs, msg